



What is an Acquired Brain Injury?

An acquired brain injury is damage to the brain that occurs after birth and is not related to a congenital disorder or degenerative disease.

A brain injury may be caused by any trauma that results in damage to the brain. This can include:

- * Motor vehicle accidents
- * Falls
- * Recreational/sporting accidents
- * Assaults
- * Drug use
- * Stroke
- * Brain tumours or aneurysms
- * Infection or illness (e.g. meningitis)
- * Shaken baby syndrome

Who is Eligible for Service?

Survivors of an acquired brain injury or FASD over 19 years of age.

Our Mission Statement

The Kamloops Brain Injury Association advocates for and provides specialized programs for survivors of acquired brain injuries, and facilitates education and awareness in Kamloops and the surrounding communities.

Helping people with acquired brain injury live to their full potential.

KBIA is a non-profit organization serving Kamloops and the surrounding communities. Please visit our website to see how you can help us put smiles on the faces of our survivors.

<http://www.kbia.ca>



KBIA

Kamloops Brain Injury Association



- ◇ One-on-one life skills support
- ◇ Client advocacy
- ◇ Family and caregiver support
- ◇ Facilitated support groups
- ◇ Therapeutic art programs
- ◇ Cognitive behavioral therapy
- ◇ Education and prevention

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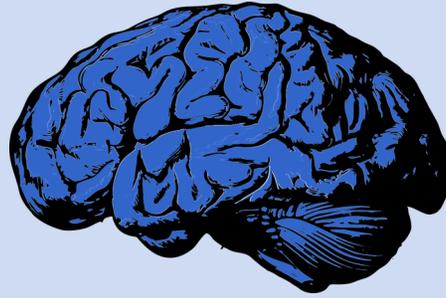
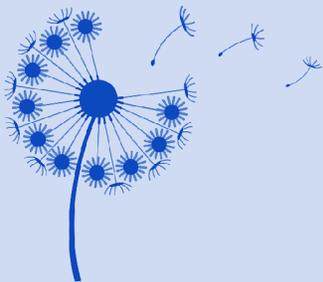
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Services for Survivors of Acquired Brain Injury

If you or someone you know has survived a brain injury they can access services at the KBIA office for:

- * One-on-one life skills support at home and in the community
- * Community advocacy and referral
- * Education and information
- * Social and recreational activities
- * Therapeutic art programs
- * Emotional Management Group
- * Substance Use and Brain Injury group
- * Peer support drop-in social group
- * Cognitive behavioural therapy



What Can Life Skills Support Do for You?

- * Provide support with activities of daily living including emotional wellness, communication, and shopping
- * Help to ensure basic needs are met including housing, health, legal and financial
- * Offer training on taking transit or handyDART
- * Assist in budgeting, meal planning and creating shopping lists
- * Provide support at appointments
- * Help filling out forms and applications including Person's With Disabilities (PWD)
- * Advocate in the community and refer to community agencies

Services for Caregivers and Family Members

If you are a relative of, or caregiver for, a survivor of an acquired brain injury you can access the following services through our office:

- * Life skills worker for support
- * Informational materials
- * Caregiver support group facilitated by a registered nurse with experience caring for those with a brain injury

We are client-centered and committed to acting with RICH values:

Respect
Integrity
Compassion
Honesty